

Series of Research Workshops in MMUH

Workshop title	Date and time	Venue	Facilitator
Writing a good research question	Thursday 26 th May 1-2pm	MMUH Library	Dr Aoife De Brún
Appraising and understanding a research paper	Wednesday 8 th June 1-2pm	MMUH Library	Dr Deirdre O'Donnell
Shut up and Write	Thursday 23 rd June 1-2 pm	MMUH Library	Dr Éidín Ní Shé
Peer-support group for researchers currently engaged in a project	Mon 4 th July 1-2pm	MMUH Library	Prof Eilish McAuliffe

Writing a good research question

Date and time: Thursday 26th May 1-2pm **Venue:** MMUH library

Target Audience: Anyone thinking about research or thinking about a problem or issue that they would like to try and address through a research study.

Facilitator: Dr Aoife De Brún

This workshop will focus on how research can contribute to solving a problem or addressing a concern. The importance of getting your research question right and its implications for good and bad research will be explored. Dr De Brún will share her skills in framing and focusing your research question and tips on avoiding poorly constructed or overly complex questions. In order to benefit from this workshop it is advisable that participants come with a problem or issue they wish to research already in mind.

Shut Up and Write

Date and time: Thursday 23rd June 1-2 pm **Venue:** MMUH library

Target Audience: Anyone who wants to do some research writing but can't find the time to do it. It can be writing a proposal or writing a research protocol or research findings or other article for publication.

Facilitator: Dr Éidín Ní Shé

A key challenge for many researchers is writing and the most common problem is procrastination. This session is designed to get you over the first hurdle of actually sitting down to write. Shut up and Write is a social writing event that helps you put aside both procrastination and isolation. There'll be a break but aside from that, it's an hour of you and a bunch of other writers getting your work done. The idea is to make the act of writing fun and relaxing by working in social groups gathering together to write. It is not a discussion group or talking about writing workshop. Though participants may provide some tips and answer questions during the short 5-minute breaks, the main purpose is to create some quiet protected time and the peer pressure to make you write.

Appraising and understanding a research paper

Date and time: Wednesday 8th June 1-2pm **Venue:** MMUH library

Target Audience: Anyone thinking about research, undertaking a literature or evidence review, designing a study or evaluating evidence to support some aspect of their practice.

Facilitator: Dr Deirdre O'Donnell

This workshop will focus on appraising reports of different types of research studies in order to decide if, how and why the findings should be implemented into practice. We will review papers which are reporting on effectiveness of interventions, causation or prognosis as well as exploring meaning or perceptions. An example paper will be circulated in advance of the workshop for pre-reading. The workshop will be facilitated by Dr Deirdre O'Donnell who will guide the group in critical appraisal skills for different types of research design.

Peer-support group for researchers currently engaged in a project

Date and time: Mon 4th July 1-2pm **Venue:** MMUH library

Target Audience: Anyone who is already engaged in research but is finding it difficult to keep their project going. Anyone interested in meeting other researchers to share and learn from experience. Anyone interested in linking up with other active researchers to develop new research collaborations for future research.

Facilitator: Prof Eilish McAuliffe

Although working on varied research topics and utilising a wide range of methodologies, researchers frequently find they encounter common problems on the research journey. Many of these problems are not technical or design problems, but have more to do with getting the research done. These range from getting ethics and organisational permissions in place, getting buy-in and support from key stakeholders, recruiting participants, managing the data collection alongside your clinical and/or administrative work etc. The purpose of this session is to establish a peer support group for people engaged in research within the hospital. Prof McAuliffe will facilitate the discussion and assist the group in identifying the focus and purpose of the group and in establishing some ground rules.